

Jennett's Park CE Primary School PE Curriculum map

PE and school sport are a vital part of a broad and balanced school curriculum for all pupils. Schools have an opportunity to inspire a healthy lifestyle, and a lifelong love of playing sport and being physically active through their sport and physical activity offer, with 2 hours of high-quality PE delivered each week.

Foundation & Key Stage 1						
Year R	Term 1 Personal	Term 2 Social	Term 3 Cognitive	Term 4 Creative	Term 5 Physical	Term 6 Health and Fitness
	Real PE Unit 1 Bike Adventure Pirate Adventure	Real PE Unit 2 Moon Adventure Fun In the jungle	Real PE Unit 3 Train Adventure Line out	Real PE Unit 4 Clown's naughty ball Off to the seaside	Real PE Unit 5 Circus training school Land of the beans	Real PE Unit 6 The hairy, scary woods Little kitties time to play
Year 1	Real PE Unit 1 Bike Adventure Pirate Adventure	Real PE Unit 2 Moon Adventure Fun In the jungle	Real Dance	Real PE Unit 4 Clown's naughty ball Off to the seaside	Real PE Unit 5 Ball tricks Land of the beans	Real PE Unit 6 The hairy, scary woods Little kitties time to play
	Balance skills	Balance skills	Ball skills	Ball skills	Cricket Skills	Sports Day Games
Year 2	Real PE Unit 1 Coordination: Footwork Static balance: 1 leg	Real PE Unit 2 Dynamic balance to agility: Jumping and landing Static balance seated	Real PE Unit 3 Dynamic balance: on a line Static balance: Stance	Real PE Unit 4 Coordination: ball skills Counter balance: with a partner	Real PE Unit 5 Coordination: Sending and receiving Agility: Reaction/response	Real Gym
	Balance skills	Balance skills	Ball skills	Ball skills	Cricket skills	Sports Day Games

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Years 3 & 4						
	Term 1 Personal	Term 2 Social	Term 3 Cognitive	Term 4 Creative	Term 5 Physical	Term 6 Health and Fitness
Year 3	Real PE Unit 1 Coordination: Footwork Static balance: 1 leg	Real PE Unit 2 Dynamic balance to agility: Jumping and landing Static balance seated	Real PE Unit 3 Dynamic balance Coordination- ball skills	Real PE Unit 4 Coordination- sending & receiving Counter balance- partner	Real PE Unit 5 Agility- reaction/response Static balance- floor work	Real PE Unit 6 Agility- ball chasing Static balance- stance
	Tag Rugby	Indoor athletics	Badminton	End zone -2 Bench ball – 2 Netball - 2	Cricket	Athletics/Sports Day Games
Year 4	Real PE Unit 1 Coordination: Footwork Static balance: 1 leg	Real Dance	Real PE Unit 3 Dynamic balance Coordination: balls skills	Real PE Unit 4 Coordination- sending & receiving Counter balance- partner	Real Gym	Real PE Unit 6 Agility- ball chasing Static balance- stance
	Cross Country	Indoor Athletics	Tag rugby	End zone -2 Bench ball – 2 Netball - 2	Cricket	Athletics/Sports Day Games

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Years 5 & 6						
	Term 1 Personal	Term 2 Social	Term 3 Cognitive	Term 4 Creative	Term 5 Physical	Term 6 Health and Fitness
Year 5	X Country	Real PE Unit 1 Coordination: ball skills Agility: Reaction/response	Real PE Unit 3 Static balance: stance Coordination: footwork	Real Dance	Real PE Unit 5 Dynamic balance & agility: jumping & landing Static balance: 1 leg	Real PE Unit 6 coordination: sending & receiving Agility: ball chasing
	Tag Rugby	Real PE unit 2 Dynamic balance Counter balance	Hockey	Athletics	Cricket	Athletics/Sports Day
Year 6	X Country	Real PE Unit 1 Coordination: ball skills Agility: Reaction/response	Real PE Unit 2 Dynamic balance Counter balance Real Gym	Real PE Unit 4 Static balance: seated Static balance: floor work	Real PE Unit 5 Dynamic balance & agility: jumping & landing Static balance: 1 leg	Real PE Unit 6 coordination: sending & receiving Agility: ball chasing
	Tag Rugby	Indoor athletics	Hockey	Netball	Cricket	Athletics/Sports Day